

Patricia Himi (Pat) Song, Ph.D.

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Education & Advanced Training

Tending the Spiritual in Psychedelic Care: Clinical Settings, Center for Study of World Religions, Harvard Divinity School
Cambridge, MA | 2025

Advanced Certificate in Ketamine-Assisted Psychotherapy
Fluence | 2023–2024

Certificate in Foundational Ketamine-Assisted Psychotherapy Training
Psychedelic Research & Training Institute (PRATI) | 2024

Certificate in Psychedelic-Assisted Therapies and Research
California Institute of Integral Studies (CIIS) | 2022
Mentor: Mary Cosimano, MSW

Doctor of Philosophy (Ph.D.), Clinical Psychology | 2003
University of Massachusetts–Boston, Boston, MA
Dissertation: *Childhood Gender Nonconformity and Peer Victimization of Males*
Advisor: David Lisak, Ph.D.

Master of Arts (M.A.), Clinical Psychology | 1994
University of Massachusetts–Boston
Thesis: *Gender Identity and Sexual Orientation in Abused Males*

Master of Education (M.Ed.), Counseling and Consulting Psychology | 1987
Harvard Graduate School of Education, Cambridge, MA

Post-Baccalaureate Studies, Photography and Film | 1984–1986
San Francisco Art Institute, San Francisco, CA

Bachelor of Science (B.S.), Psychology | 1983
Minor: Fine Arts
University of Iowa, Iowa City, IA

Professional Experience

Private Psychotherapy and Consulting Practice | 2011–Present

- Provide psychodynamic psychotherapy to adolescents and adults
- Offer clinical supervision to mental health professionals
- Conduct ketamine-assisted psychotherapy, psychedelic preparation and integration, and harm-reduction psychotherapy for adults
- Areas of specialization include trauma, mood, anxiety, personality, psychotic, and substance use disorders

Education & Training in Psychedelic-Assisted Therapy (PAT) | 2023–Present

Presentations on Erotic Transference/Countertransference in PAT

- Interdisciplinary Conference on Psychedelic Research, Haarlem, Netherlands, 2026
- Psychedelic Association of Canada, 2026
- OPEN Foundation, Supervision Study Group, 2025
- California Institute of Integral Studies, Center for Psychedelic Therapy & Research (Ethics Panel), 2025
- PsyCon Conference, Las Vegas, 2025
- Psychedelic Experiences Therapy Clinic, London, 2025
- Breaking Convention Conference, University of Exeter, England, 2025
- Columbia University School of Social Work, Psychedelic Therapy Training Program, 2025
- Southwestern College, Community Ethics Lecture, 2025
- OPEN Foundation, Professional Community Workshop, 2025
- Southwestern College, Psychedelic Certificate Program, 2024

Presentations on Psychodynamic Concepts in PAT

- University of Vermont, Professional and Continuing Education Program, Graduate Counseling Department, 2024

Presentations on Psychedelic Literacy for Medical and Mental Health Providers

- University of Southern California Medical Students Special Interest Group, 2024
- Transformation and Healing Conference, Santa Fe, NM, 2024
- GYOPO Korean Community Arts Organization, Los Angeles, CA, 2024
- University of Vermont Medical Center, Comprehensive Pain Program, 2023

Academic, Clinical, and Institutional Appointments

Professional Development Educator | 2016–2017

Orleans Southwest Schools and Supervisory Union, Hardwick, VT

- Presented workshops on diversity, grief and loss, and relational psychology
- Taught a graduate-level psychology course for educators

Psychology Postdoctoral Fellow | 2010–2011

Norwich University Counseling & Psychological Services, Northfield, VT

- Conducted psychological evaluations and psychodynamic psychotherapy with military and civilian students

Staff Counselor | 2009–2010

University of Vermont Counseling & Psychological Services, Burlington, VT

- Conducted intake evaluations and short-term psychotherapy with students

Psychology Postdoctoral Fellow | 2004–2005

Harvard Vanguard Medical Associates, Behavioral Health Services, Cambridge, MA

- Provided intake evaluations and short- and long-term psychotherapy with adults

Psychology Postdoctoral Fellow | 2003–2004

Harvard University Bureau of Study Counsel, Faculty of Arts and Sciences

- Conducted psychodynamic and humanistic psychotherapy and psychological assessment

Psychology Trainee | 2000–2002

Cambridge Health Alliance, Harvard Medical School, Cambridge, MA

- Provided intake evaluations, psychodynamic psychotherapy, and assessment within a multidisciplinary team

Psychology Trainee | 1993–1995

Tufts University Counseling Center, Medford, MA

Psychology Trainee | 1992–1993

Brighton Allston Mental Health Clinic, Brighton, MA

Public Health, Addiction, and Community-Based Work

National Training Consultant | 1989–1994

Westover Consultants, Inc., Washington, DC

- Conducted national HIV/AIDS prevention trainings for providers serving high-risk youth
- Part of a NIDA-commissioned initiative

Adolescent AIDS Education Coordinator | 1989–1991

AIDS Bureau, Massachusetts Department of Public Health, Boston, MA

- Developed prevention guidelines, curricula, and statewide trainings for medical, mental health, and social service providers

Staff Clinician | 1987–1989

Harvard Cocaine Recovery Project, Harvard Medical School

Cambridge Hospital Department of Psychiatry

- Therapist in a NIDA-sponsored study comparing group treatment models for cocaine addiction

Member, Board of Directors | 1984–1986

Asian American Residential Recovery Services (AARRS), San Francisco, CA

- Conducted community outreach and contributed to the AARRS Clinical Manual
- Designed and taught seminars on human sexuality and addiction

Research Experience

Qualitative Research in Psychedelic-Assisted Therapy | 2024–Present

- Conducting interviews with practitioners and participants regarding experiences of erotic transference and countertransference in psychedelic-assisted therapy

Doctoral Dissertation Research | 2003

University of Massachusetts–Boston

- Examined the relationship between childhood gender nonconformity and peer victimization in males
- Findings supported increased victimization among gender-nonconforming boys

Master's Thesis Research | 1993

University of Massachusetts–Boston

- Investigated links between childhood sexual abuse, gender identity, and sexual orientation in men
- Identified distinct psychosocial profiles among perpetrating and non-perpetrating abused men

Research Staff | 1986–1989

Harvard Cocaine Recovery Project, Harvard Medical School

- Developed cognitive-behavioral treatment modules addressing sexual concerns in addiction recovery
- Assisted with assessment development and conducted research interviews

Publications

Lisak, D., Hopper, J., & Song, P. (1996). Factors in the cycle of violence: Gender rigidity and emotional constriction. *Journal of Traumatic Stress, 9*(4), 721–744.

Song, P., & Lisak, D. (1993, October). *The relationship between abuse, gender, and sexual identity in men*. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, San Antonio, TX.